

What Is The Hair Analysis?

Hair has the advantage of long-term memory. It's a permanent record, like tree rings. A three-inch strand of human hair will give a six-month history of what's going on in the body since head hair grows at a rate of about a half an inch a month.

The hair analysis test is an excellent tool to identify specific chemical toxins within the human body, and vitamin and mineral deficiencies caused by them.

How Does The Analysis Work?

A sample of hair sent to the laboratory for analysis will show levels of potentially toxic elements and levels of essential elements necessary for normal body function. Reference ranges are determined by the type of hair submitted, gender, and age.

The hair analysis provides a screening for physiological excess of toxic elements which, in turn, create deficiencies or mal-distribution of essential elements in the body. Clinical research indicates that hair levels of specific elements, particularly toxic elements such as cadmium, mercury, lead, and arsenic, are highly correlated with pathological disorders. The hair proves to be more indicative of body stores than blood or urine.

How To Get Started?

Getting a hair analysis with Dr. Hull is extremely easy. It is as simple as following Steps One, Two and Three:

- Step 1** Filling out this form with your personal information.
- Step 2** Sending Dr. Hull a sample of your head or pubic hair.
- Step 3** Sending Dr. Hull your payment online, or through the mail.

You can print out this form and mail it to Dr. Hull with your hair sample and payment if you prefer not to submit your information via the Internet. Instructions are below on what information is needed to process your analysis, how to send a hair sample, and where to mail your payment.

Please answer the questions to the best of your ability. Dr. Hull will use the proprietary information to interpret your report and to provide specific nutritional recommendations based on your health history and hair analysis results.

Please keep in mind the following information will be kept with the strictest confidentiality and will only be accessible to Dr. Janet Starr Hull as stated in our disclaimer. You can view our disclaimer online by visiting the page below:

www.hairanalysisprogram.com/disclaimer.php

If you have any additional questions about the hair analysis program, please visit our Hair Analysis FAQs section or contact Dr. Hull.

Hair Analysis FAQs
www.hairanalysisprogram.com/faqs

Patient Information

First Name, Last Name		Date of Birth	Sex
E-Mail	Phone Number	Street Address	
		City, State, Zip Code, Country	

Hair Elements

Natural Hair Color:

- Black Blonde Brown Brunette Grey Red

Past 60 days have you used:

- Perm Dye Bleach

Shampoo used:

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Type of hair provided for test:

- Head Pubic

Artificial Sweetener Information

Do you currently consume aspartame or sucralose?

- Yes No

Did you ever consume chemical sweeteners?

- Yes No

How long have you been using or how long did you consume chemical sweeteners?

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Did your health symptoms begin after using artificial sweeteners (think back)?

- Yes No

Did you or do you ever use Equal (the blue packet)?

- Yes No

Please list diet products (low carb, sugar-free) or nutritional supplements and vitamins you use/used regularly:

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General Information

Have you been exposed to environmental/occupational/industrial/chemical hazards (military bases, telecommunications, mining, etc.)?

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What is your approximate weight?

What is your approximate height?

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Are you concerned about your weight?

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Do you use tobacco (cigarettes):

- Past Yes No
- Present Yes No
- Second Hand Yes No

How long if applicable?

Would you like to:

Please select all that apply:

- Have more energy
- Have fewer colds or flu
- Be more emotionally stable
- Be more muscular
- Sleep longer and better
- Reduce risk of inherited heart disease
- Get rid of allergies
- Other:
- Be stronger
- Improve memory
- Be less dependent on over-the-counter medications (i.e. aspirin)
- Be free of pain
- Lose weight
- Feel more motivated

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How To Submit Your Hair:

1 Cut samples of the young hair at the back of the head at the neck area. If there is any concern about chemicals on your head hair, pubic hair samples are commonly submitted for analysis.

Using stainless steel scissors, cut the hair as close to the scalp (or skin) as possible. It is best if small amounts of hair are cut from 5 or 6 areas at the back of the head.

2 As each piece of hair is cut from the head, save only 1-inch (2.5 cm) of the hair closest to the scalp (new growth). Cut off and discard the rest.

If your hair is too short to cut, pubic hair can be submitted, or thinning shears may be used to obtain the specimen by placing them next to the scalp.

3 0.25 grams of hair is a sufficient amount of hair to collect. This is equivalent to an approximate **heaping tablespoon** (more hair is better than not enough).

4 Place the hair in a zip-lock baggie and seal. Mark on the baggie indicating if it's head or pubic hair (send a sufficient amount of hair as more hair is better than too little).

5 Send this form including your hair sample and payment to:

Dr. Janet Starr Hull
PO Box 239
Melissa, TX 75454

Payment Information

Payment is accepted at the time the hair analysis is submitted to Dr. Hull before the sample is sent to the lab.

Payment can be made with a personal check or money order mailed to Dr. Hull with your hair sample and the patient information form. Payment can also be submitted online at <http://www.hairanalysisprogram.com>.

The cost for the hair analysis is **\$187.00 USA**. That includes an \$85.00 lab fee, \$7.00 shipping and handling and \$95.00 for Dr. Hull's interpretation and nutritional recommendations.

Getting Help

If you have any questions about the hair analysis program, please visit our Hair Analysis FAQs section or contact Dr. Hull.

Hair Analysis FAQs
<http://www.hairanalysisprogram.com/faqs>

Contact Dr. Hull
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